

# *The Holy Season of Lent*

## *Come back to me with all your heart.* Hosea

### *Opportunities for Prayer, Study, Reflection, Fasting and Almsgiving*

#### **FAMILY HOLY PLACE**

Set up a prayer corner in your home and gather your family at mealtime or evening for devotions. Place there a Bible, candle, crucifix or some other religious symbol to remind you to pray. Put three bowls on the table: one with Holy Water to bless yourselves and remember your Baptism, a second in which to put your spare change for the poor and a third for names of people to pray for or acts of kindness to do. Choose one for your daily Lenten practice. Plan this together as a family.

#### **YOUR SACRAMENTAL LIFE**



God wants to deepen His life in you!!  
Renew your relationship with Him  
through the Sacraments.

#### **Recommit yourself to attend Mass!**

Pray for yourself and the world!  
In our common priesthood of Baptism we  
worship our Creator in the name of all  
humankind and are fed  
by His word and the Eucharist.

#### **SUNDAY EUCHARISTIC LITURGY**

**St. Catherine Siena**.....Sat: 4 PM  
Sun: 8 AM – 10:30AM  
**Our Lady of Loreto**.....Sat: 5:30 PM  
Sun: 9 AM -10:30 PM  
**St. Pamphilus**.....Sat: 5:30 PM  
Sun: 8 AM – 11 AM  
**St. Pius X**..... Sat: 4 PM  
Sun: 8 AM-11:15 AM  
**Resurrection**.....Sat: 5 PM  
Sun: 8:30 AM -11:30 AM - 6:30 PM

#### **DAILY EUCHARISTIC LITURGY**

**St. Catherine**.....Mon-Fri: 8:45AM  
Sat: 8 AM  
**Lady of Loreto**.....Mon-Fri: 7:30 AM  
**St. Pamphilus**....Tues – Sat: 8:30 AM  
**St. Pius X**.....M T Th F: 8 AM  
Wed: 7 PM  
**Resurrection**.....Mon and Wed: 6 PM  
Tues-Fri: 9 AM

#### **RECONCILIATION**

Repent, confess-receive God's peace!

#### **INDIVIDUAL CONFESSION**

**St. Catherine:** .....Sat: Noon to 12:45 PM  
**Our Lady of Loreto**.....Sat. at 6:30 PM  
**Pamphilus:**..1/2 hr. before weekend Mass  
**St. Pius X**.....Sat: noon to 1 PM  
**Resurrection**.....:Tu–Fri after 9 AM Mass  
Sat: 4-4:30 PM

#### **COMMUNAL PENANCE**

Priests from the cluster parishes will be  
available for confession:

**Resurrection**.....Tuesday, March 23<sup>rd</sup>  
**Taize Penance Service – 7:30 PM**  
**St. Catherine**.....Mon, March 29<sup>th</sup> 4 PM  
**Pamphilus**.....Mon, March 29<sup>th</sup> 7 PM  
**Loreto**.....Tues, March 30<sup>th</sup> 7 PM  
**St. Pius X** .....Wed, March 31<sup>st</sup> 7:30 PM

#### **DEVOTIONAL PRAYER**

#### **Renew your personal prayer!**

#### **ADORATION OF THE BLESSED SACRAMENT**

**St. Catherine:** 1<sup>st</sup> Fri, March 5<sup>th</sup> 9:15 to 10 AM  
**Resurrection:** 1<sup>st</sup> Fri, Mrch 5<sup>th</sup> Hly Hr 9:30 AM  
**St. Pamphilus:** Th, March 11<sup>th</sup> 9 AM to 7 PM

#### **RECITATION OF THE ROSARY**

**Resurrection**.....Tue-Fri after 9 AM Mass

#### **NOVENA OF MIRACULOUS MEDAL**

**Resurrection**.....Mon after 6 PM Mass

#### **STATIONS OF THE CROSS**

Mentally follow Jesus on His way to Calvary  
and pray for mercy!

**St. Catherine:**.....Feb19/March12-4:30 PM  
Feb 26, March 5, 19, 26<sup>th</sup> at 7 PM  
**Lady of Loreto**.....Fridays at 7 PM  
**St. Pamphilus**.....Fridays at 7 PM  
**St. Pius X**.....Fridays at 1:30 PM  
**Resurrection**.....Fridays at 4 and 6 PM

***GOOD FRIDAY***

***ECUMENICAL WAY OF THE CROSS***

Brookline Blvd.....11:00 AM to Noon  
Meet at St. Mark's Lutheran Church

**BIBLE STUDY**

**St. Catherine of Siena**

DVD Bible Study.....McCann Hall  
Tues. at 7 PM - Feb 23-Mrch 2, 9, 16, 23

**St. Pius X**

Weekly Bible ..... Study of Sun. Scripture  
BRC School.....Tuesday at 7 PM  
Register at 412-563-1588

**Resurrection**

Weekly Bible Study  
Quinn Hall.....Thursdays at 9:30 AM  
Call ahead at 412-563-4400

**RETREAT OPPORTUNITIES**

**St. Pius X Retreat Day for Women**

Saturday, March 20<sup>th</sup>  
Sr. Mary Price and Pat Rampolla  
All 412-563-1588 to register

**Resurrection**

***In the Shadow of the Cross***

For all who carry the cross of grief.  
Fri., March 19<sup>th</sup> begins with 9 AM Mass  
Concludes at 12:30 with take-out Fish  
Call 412-563-4400 to register

**FASTING AND ABSTINENCE**

We are **obligated to fast and abstain from meat on Ash Wed. and Good Friday**. We are further obligated to **abstain from meat on all Fridays of Lent**.

We fast from food as a reminder to remove from our lives anything leading us away from God. You may choose the **traditional fast** from food all through Lent as your penance or choose some other penitential practice.

***CATHOLIC TRADITIONAL FAST***

All weekdays of Lent Catholics would:

1. Eat meat once a day;
2. Eat one main meal;
3. Eat two small meals which together do not equal the main meal;
4. Eat nothing in-between meals;
5. Abstain from meat on all Fridays.

**ALMSGIVING**

Fasting from food, candy, smoking, movies, fast food, etc. is not to save money for ourselves but to have more money to **share with the poor**. **All that is saved should be given away**. Bishop Zubik has asked us donate to the **Catholic Relief Services for the people of Haiti**. We can also remember the **St. Vincent de Paul Society and Brookline Food Bank** that help the poor of our area.

**Send donations for Haiti to:**

***Catholic Relief Services***  
***P.O. Box 17152***  
***Baltimore MD 21298-8452***

**SPECIAL PROGRAMS**

**St. Catherine Siena**

In Church.....Sat. March 13<sup>th</sup> at 2:45 PM  
Tour of the Stained Glass Windows  
All are Welcome!

**St. Pamphilus**

In Church.....Sun. Feb. 28<sup>th</sup> at 2 PM  
***"Why Must He Die?"***  
A Passion Musical presented by Teens  
All Are Welcome! Free Admission



**St. Pamphilus Parish Lenten Series**

Wed. evenings.....7 to 9 PM  
Feb. 24, March 3, 10, 17 and 24<sup>th</sup>  
In Religious Education Room

**"The Reign of God is like..."** Reflections  
on the Parables of Jesus,  
Presenter Ken Lovasik, teaches New  
Testament at Waynesburg University

***CALL FOR MORE INFORMATION***

**St. Catherine Siena.....412-531-2135**  
**Our Lady of Loreto..... 412-341-6161**  
**St. Pamphilus.....412-341-1000**  
**St. Pius X.....412-563-5423**  
**Resurrection.....412-563-4400**